



## 2021 Season Overview

With COVID-19 still having a presence in summer league operations, we will be holding practices as a “split” team.

One group will practice Monday and Wednesday, alternating Fridays. The other will meet Tuesday and Thursday, alternating Friday. The team will be capped at 80 swimmers.

As of 4/8/2021, we do not have a meet schedule, but the league intends to hold meets and WSL Championships.

Swim meets will have reduced numbers of people on deck and a limit to spectators. It is possible that some meets or groups of swimmers will be competing virtually. Details are forthcoming.

For those newer to competitive swimming strokes, we’ll focus on butterfly, backstroke, breaststroke, and freestyle, with drills, short sets, and races.

There will also be a dryland component including running, core work, and stretching/yoga.

## Holly Tree Coaches



**Jana Clancey** is in her seventh year coaching at Holly Tree. She is the assist. swim coach at Hoggard and was also head coach at New Hanover High School. She swam at West Virginia University. and Clarion U. of PA. She was an NCAA National Champion, 3-time All-American, collegiate and high school record holder, and all-state in prep swimming. She grew up in Ohio, competing in middle distance freestyle, breaststroke and I.M.

**John Pellizzari** is in his second year at Holly Tree and manages the pool and life-guards. John is a coaching mainstay in the Wilmington community. He’s been the head coach at Ashley High School for more than a decade and has coached winning summer league teams at Echo Farms and the YMCA. He swam sprint freestyle and butterfly at SUNY-New Paltz. He grew up in Poughkeepsie, NY.



# Holly Tree Swim Team Info and Registration



Holly Tree Racquet and Swim Club

4950 Holly Tree Road  
Wilmington, NC 28409  
phone: (910) 791-2746

Jana: [ncclanceys@gmail.com](mailto:ncclanceys@gmail.com)  
John: [tricopools@gmail.com](mailto:tricopools@gmail.com)

## Practice Schedule

**Blue Team ~ Max 40**  
**Monday, Wednesday, alt. Fridays**

**Green Team ~ Max 40**  
**Tuesday, Thursday, alt. Fridays**

**Mornings (June 1st)**  
Seniors (6th-12th grade): 7:45-9 a.m.  
Age Group (9-10, 11-12): 9-10 a.m.  
Developmental (8 & unders): 10-10:45 a.m.

## Team and Pool Fees

### Registration per swimmer:

Pool and club members ~ \$125  
Non-members ~ \$250  
\*Sibling discounts applied

### Pool Membership:

\$550 before May 1st  
\$650 after May 1st

## Important Dates

**Registration opens ~ April 17th**  
9 a.m.-12 p.m. at the Clubhouse

### Afternoon practice:

May 17-20; 24-27  
4-4:45, 4:45-5:30

### Morning practice:

June 1-Champs

**Meet schedule:** TBA

## REGISTRATION FORM

*Signups are first come, first served and must be paid in full, in person, at the time of registration.*

Swimmer's Name (1)

Age on June 1st and Date of Birth

Swimmer's Name (2)

Age and Date of Birth

Swimmer's Name (3)

Age and Date of Birth

Parent(s) or Guardian Name

E-Mail Address

Cell Phone

Other Phone

### EMERGENCY CONTACT:

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

\_\_\_\_\_ Member \_\_\_\_\_ Non-Member

Amount Due:

\$ \_\_\_\_\_

**Medical Information** Please list any physical conditions of your player that coaches should be aware of (allergies, asthma, etc.)

### Waiver

I, the undersigned, agree for the camper(s) named on this registration form to participate in activities associated with the Holly Tree swim program. I am aware that this activity may be physically strenuous and I state that the swimmer(s) is/are in the proper physical condition to participate. I hereby voluntarily release Holly Tree Racquet & Swim Club, its owners and the swim coaching staff from any and all liability for injuries or problems of any nature that may arise as a result of my child's participation in this activity.

In the case of accident or sickness, I consent to emergency medical care by ambulance or hospital personnel.

I also understand that I am responsible for keeping the swimmer home should they experience COVID-19 symptoms. A checklist of symptoms is displayed at the pool.

Note: We would also hope that if a swimmer becomes ill and/or tests positive for COVID-19 that coaches and club personnel be notified.

### Payments & Refunds

I understand that payment to Holly Tree Racquet Club for the season is due upon registration, and that registration represents a commitment, with no refunds due to sickness or absence.

Note: In the event of thunder or lightning, swimmers will be required to exit the pool.

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

